

Art Activity Suggestions 1

Here are some ideas for creative activities to do together...

Give yourselves some time and freedom to explore using the art materials together; remember there is no right or wrong way to create...you don't have to be 'good' at art, just enjoy using the materials.

When talking to your child about their creations, use open questions; you can simply ask them to tell you about what they have done.

The Squiggle Game

Each of you has a piece of paper. Use pens, pencils or felt tips to draw a squiggly line on your piece of paper...it doesn't have to take long and it doesn't matter what kind of squiggle it is! Now swap paper. By drawing on the other persons squiggle, try and make it into a picture - for example, they might have drawn a zig zag, and you could turn it into a crown.

Repeat as many times as you like. You can also add to the game by closing your eyes when you are drawing the squiggle.

Mandalas

This is creating an image inside a circular space. You can use anything you like - pens, pencils, felt tips, paints or chalk. You and your child could make one each, sitting alongside each other.

Draw a circle on a piece of paper; you might want to draw around a plate. Fill in the circle in any way you want. You could use patterns like lines or dots; you could start in the middle and work outwards; you could divide the circle into quarters and decorate each space differently. There is no right or wrong way, just fill in the circle until you feel it is finished.

Have a look at each other's finished Mandalas. Can you give them a title?

Happy Thoughts Book

Take up to 10 small pieces of paper. You could use pens, pencils or felt tips, paints, collage materials and glue or even pictures cut out of magazines.

Ask your child to let a picture of something they like come into their mind. It could be an animal, something to eat, a person that is special to them, or a place they like to visit. Draw or cut and stick images of one thing onto each piece of paper. You could either put sticky tape along one edge of the pages to make them into a book, or maybe tie them together with wool or ribbon. Your child can look back at their Happy Thoughts Book whenever they like.

The most important thing is to enjoy creating together!
Stay safe,

Carol
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