Art Activity Suggestions (2)

Here are some more ideas for creative activities to do together...

Give yourselves some time and freedom to explore using the art materials together; remember there is no right or wrong way to create...you don't have to be 'good' at art, just enjoy using the materials.

When talking to your child about their creations, use open questions; you can simply ask them to tell you about what she has done.

Two Colour Challenge!

Make an image using only two colours. You can use pens, pencils, collage, paints or felt tips. You can work on your image by yourself, or you could work on it with another person, each using one of the colours. If more people in the house would like to join in, let each person have a different colour. Have a look at the different kinds of marks each person makes. Do the colours join together and mix? Can you give the final image a title?

A Fancy Dress Party

Imagine you have been invited to a fancy dress party. You can wear whatever you like! Let an image come of a costume that you would really like to wear. Using pens, pencils, felt tips or paints, make an picture of your outfit. Maybe you can imagine some of the other outfits that people might wear to the party!

Aliens

Let a picture of an alien appear in your mind. What does it look like? Can you draw it? You could use pens, paints or pictures cut from magazines to make your alien picture. If you have play dough or clay, you might want to make a model. Maybe you could use empty boxes or toilet rolls from around your home to make a model too. Your alien might have lots of arms and legs, or none at all. Where might it live? I wonder what the aliens home might look like.

Remember, the most important thing is to enjoy creating together...

Stay safe,

Carol
HCPC & BAAT Registered Art Psychotherapist