Art Activity Suggestions 9

Here are some more ideas for creative activities to do with your child. Give yourselves some time and freedom to explore using the art materials together; remember there is no right or wrong way to create...you don't have to be 'good' at art, just enjoy using the materials.

When talking to your child about their creations, use open questions; you can simply ask them to tell you about what they have done.

<u>Pebbles</u>

If you take a walk outside, have a look around on the ground for pebbles. Maybe you have a garden, and you can find one there. Choose a pebble you really like, and take it home to wash it. When it is clean, you can use paints, pens or chalks to decorate your pebble. You might want to paint a small picture, or turn your pebble into an animal. Maybe you have glue or glitter, and you can decorate your pebble with these.

Printing

For this activity, you will need paint and paper, as well as some shallow dishes - a paper plate, or a saucer perhaps. Put your favourite colour paints into the saucers/plates. Now you will need to have a look for some objects to dip into the paint, and then press onto your paper, to see what mark they make. Maybe you will find something outside to use, like a leaf or stick, Maybe you could ask for help to slice up an apple or potato and use pieces of that to print with. Have you got any toy vehicles? You could dip the wheels in the paint and roll them across the paper. Make sure to only use objects that you are allowed to dip in the paint! Can you make a pattern or a picture with your printing?

<u>Aquarium</u>

Let a picture appear in your mind of fish swimming in an aquarium or fish tank...they might be brightly coloured, or very shiny. There might be lots and lots of tiny fish, or just a few larger ones. Are there any plants growing in the tank, under the water? Perhaps there are coloured stones on the bottom, or models for the fish to swim around, like castles, ships or mermaids! You could use paints, pens, felt tips or collage materials to make an image of your aquarium.

Remember, the most important thing is to enjoy creating together... Stay safe, Carol HCPC & BAAT Registered Art Psychotherapist