

Fruit Santas



@MML_Nutrition

Ingredients

- handful strawberries
- X1 banana
- 150g cottage cheese
- handful of raisins

Instructions

1. Take the top off a strawberry (the leaves)
2. Slice a second slice from the top of the strawberry
3. Slice a disc from the banana
4. Spread one side of the banana with cottage cheese (make it thick as this will be the beard)
5. Place the strawberry slice on a plate
6. Add the slice of the banana on top, cottage cheese side down
7. Add two raisins to the cottage cheese for eyes
8. Add the remaining part of the strawberry on top for the hat
9. Repeat for as many Santa's you want, and enjoy!

Nutrition per Santa : CARBS-8G PRO-4G FAT:1G